

Bankstown South Infants School



Creating Our Future

Newsletter Term 2 Week 3, 2021









What's on @ BSIS

Term 2 Week 3

- Wednesday May 5th
- Preschool Community Painting
- Plavaroup
- Mother's day stall preschool
- Thursday May 6th
- Parent Teacher Interviews
- Friday May 7th
- Sports Pro K-2
- Mother's Day Stall
- Preschool Community Painting
- Year 2 Transition parent meeting.

Term 2 Week 4

- Monday May 10th
- K-2 Assembly
- Wednesday May 12th Playgroup
- Friday May 14th
- Sports Pro K-2
- Police Visit Preschool Koala & Early Intervention

Term 2 Week 5

- Monday May 17th
- Frog Pond Gardening Day K-2
- Tuesday May 18th
- Police Visit -Preschool Echidna, Early Intervention, K-2
 - Wednesday May 19th
- Playgroup
- National Simultaneous Storytime
 - Friday May 21st
- Sports Pro







Principal's Report

Welcome Back

Welcome back to term 2. I Hope that everyone enjoyed the time away from school and made the most of the beautiful holiday weather.

I have been into classrooms and noticed that all students have settled very quickly back into daily routines and are working very hard. Term 2 is usually extremely busy and this year will be no different with reports, sporting events, incursions and excursions all still to come. It is going to be an exciting term!

Money and Notes

Thank you to the many families who return permission notes and payments to the office on time. We have an increasing number of families who are trying to pay late for events. Please be advised that we are unable to accept late payments and notes.

All activities and events will have a cut off date and these will be strictly adhered to. We often need to confirm numbers up to a week or two in advance with companies and order food and supplies. We then need to complete risk assessments and organise the supervision and safety of students. To avoid disappointment please ensure that all notes and money are returned to the office by the due date and time.

All money must come to the office. Teachers, including the preschool do not handle money and should not be handed payment envelopes. If you are having difficulty with the payment of events and activities please make an appointment to see me.

Easter Hat Parade

We finished last term with a wonderful Easter Hat Parade. Thank you to Ms Condos for organising the event and to our wonderful P&C for the amazing raffle and Easter Egg hunt. We enjoyed a visit from the Easter Bunny and had such creative hats. Thank you to all parents who joined us for this fun event.

ANZAC DAY

Our ANZAC Day assembly last Monday was a very special occasion. The students were very respectful and our school leaders Abhinav and Jazlyn did a wonderful job running the ceremony.

<u>Iftar</u>

Thank you to all our families who joined us for our community Iftar last week. It was a lovely night and I am so grateful that our community shared this special event with us. I would like to thank Mrs Xiros, Mrs Tamer, Mrs Ma, Ms Mustafa, and all the staff and BSIS for their organisation and efforts on the night. We are so lucky to have such dedicated staff and I appreciate them all so much.

School Cross Country

We had beautiful weather for our school cross country carnival last week and I was so impressed by the good sportsmanship and effort I saw. Thank you to Mrs Noshie for organising the carnival so well and to all the parents who joined us on the day, it was wonderful to have you back!

Staffina News

Mrs Stephandellis has had an operation on her knee and will be on leave all of Term 2. Mr Jones will replace her for the term and library lessons and days will stay the same. Welcome back Mr Jones.

Mrs Samrout has begun her maternity leave and we wish her and her family all the best for the upcoming birth of her baby. Mrs Modasser is replacing Mrs Samrout for the remainder of the year. She will provide additional support to students in our Learning and Support Program, take classes for RFF and will continue as the 2D classroom teacher on a Friday. Welcome Mrs Modasser.

Parent Teacher Interviews

We look forward to seeing you all at Parent Teacher Interviews this Thursday. This is a wonderful time for you to discuss your child's progress and areas for future development. Semester 2 reports will be sent home in Week 10 Term 2.

2022 Enrolments

Expressions of interest for 2022 Kindergarten and Preschool are open!

Please visit the office to collect an expression of interest or visit our website https://bankstowsi-p.schools.nsw.gov.au/about-our-school/enrolment.html

Kindergarten out of area applications (this includes siblings) close on Friday 30th July 2021 (Week 3 Term 3). First round Preschool applications will close on Friday 3rd September 2021 (Week 8 Term 3). Please ensure that you have returned your expression of interest form before this day to be considered in the first round offers. If you have a school aged child or know of anyone in our local area please contact the office.

Year 3 2022 we will be having a parent information session for all Year 2 parents this Friday 7th May 2021 starting at 9:15am in the Library to discuss transition and enrolment procedures for Year 2 students transitioning to Year 3 in 2022. We encourage all parents to attend this session to have the most up to date information.

Kím Collas

Principal

Attendance Party

We were so excited to have 99 students attend our Term 1 attendance party. In this we had 34 students who had 100% attendance, what an amazing achievement! Congratulations to all the students who had outstanding attendance and less than 4 partial absences. We celebrated with ice cream, prizes and certificates.

Attendance continues to be a focus for us and we look forward to more students attending the party in term 2. Please remember that school begins at 9:00am and students need to be on time every day. We also ask that you don't collect your child early from school unless it is absolutely necessary. As you would have seen in the note sent home this week we are now sending a text message to all families at 10:00am each day when a child is absent from school. Please reply to this message with the reason your child is not at school.

Congratulations to KB & Miss Bova and 2D & Mrs De Andrade who had the highest attendance rate in Term 1! We can't wait to see who wins Term 2.

Remember Every Day Counts!









Weekly Class Attendance Averages

Congratulations to our weekly winning classes!

Week 10 – 2d

Week 1 - KB & KC

Week 3 – KB

Late to school and early departures count towards attendance! Please ensure you arrive to school on time every day and stay the full day!

Week 1 Class Attendance

	Class	Whole day average		Late / Early
1	<mark>KB</mark>	<mark>10</mark>	0	<mark>2</mark>
<mark>2</mark>	<mark>KC</mark>	<mark>10</mark>	0	<mark>2</mark>
3	1N	98.8	1	3
4	1M	98.75		0
5	2D	97.6	2	1
6	1/2X	96.25		4
7	KJ	90.6	3	2

Week 10 Class Attendance

	Class	Whole day average	Late / Early
1	<mark>2D</mark>	<mark>95.24</mark>	<mark>5</mark>
2	1N	94.05	1
3	KC	93.75	4
4	1/2X	93.75	4
5	KB	91.18	1
6	1M	90	7
7	KJ	87.5	10

Week 2 Class Attendance

	Class	Whole day average	Late / Early	
1	KB	<mark>100</mark>	<mark>1</mark>	
2	KJ	100	3	
3	1M	100	3	
4	1/2X	99	6	
5	KC	98.75	2	
6	1N	98.1	4	
7	2D	97.14	2	





Easter Hat Parade











Iftar Dinner

On Thursday 29th April we celebrated Ramadan with an liftar for our families. The iftar was a great success in bringing together the community with great food, fun and prizes. A huge thank you to all the sponsors who supported our event and donated food, decorations and prizes for the raffle. A special thank you to all our families who attended and joined in the celebration.

Wishing you a Happy Ramadan and Eid Mubarak.





















Early Intervention

Welcome back to all the families and students in El. We have been very keen on getting back into routine and are ready for more fun. This term, we will be focusing on the individual learning goals that we have set in the individual Class Dojo Portfolio.

I am looking forward to working with all parents in documenting each student's learning journey in the class. If you need help with uploading the photos or videos, I will be more than happy to assist.

A big thank you to Shelley, Sumera and Ghiwa (Our El mothers) who have contributed to our video presentation for the DET Inclusion Forum in April. They have shared their experience on the Pictability program about goal setting. The Inclusion forum showcased the new and innovative programs schools are delivering in our Department Education.



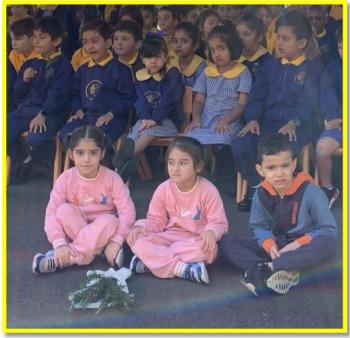


















Cross Country

What an amazing day Bankstown South K-2 students had on Tuesday 27th April. Our Cross Country was a big success with our parents joining us for all the fun! The day was filled with cheering and encouraging words amongst the students.

Well done to all the students for trying hard and not giving up. Congratulations to the students who have received a ribbon!





























Learning in 1M

We love reading in 1M! We have been working hard to develop our reading skills and decoding strategies.





Reading







Sport





We love having Mr M. back for sport! He is teaching us athletics this term and we are learning how to throw, jump and run.



In 1M we have been writing procedures. We wrote procedures explaining how to make popcorn, make your beds, make fairy bread, brush your teeth, wash your hands and cross the road.



Writing











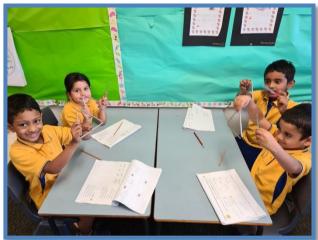
Maths





In 1M we have been developing our mathematics skills. We have been focusing on place value this term and partitioning numbers using tens and ones





Science



In science this term we have been learning about our senses and different forms of energy such as heat, light and sound.

In creative arts this term we are creating a series of animal artworks. Check out our turtles!

Creative Arts















"Mum, Dad can you volunteer to teach me Islamic scripture at my public school please?"

ISRE - Islamic Special Religious Education can help you teach your own kids.
They will supply you with everything you need.
You dont have to be a qualified teacher.

For more info please contact us: Head Office - 9708 0880 Email - info@isre.org.au Website - www.isre.org.au







Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.





My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

 Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

Application to the Children's Court
 Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department

may apply to the Children's Court for a *Compulsory Schooling Order*. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

Working in Partnership

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.

Further information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

Please visit the Department of Education's *Policy library*

The school leaving age:
Please visit the Department of
Education's Wellbeing and Learning
website

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 512

www.dec.nsw.gov.au

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NSW Department of Education and Communities





Sleep Hygiene

Got It! Newsletter 1/10

Why is sleep important?

Sleep restores children physically. It helps them learn and remember things, and it boosts immunity. And sleep helps children grow. For example, children's bodies produce growth hormone when they're asleep. Children often need more sleep at times of rapid growth.

Children of all ages need to get **enough sleep so they can play, learn and concentrate** during the day.

Sleep recommendations based on age

It is well known that as children get older they need less sleep. Different people have different sleep needs. The advice in the table below is only a guide and was retrieved from the Sleep Health Foundation. You can make a good guess if a person is sleeping enough at night - observe how they act and function during the day.

Age	Recommended	May be Appropriate	Not Recommended
Newborns 0-3 months	14 to 17 hours	11 to 13 hours 18 to 19 hours	Less than 11 hours More than 19 hours
Infants 4-11 months	"12 to 15 hours "	10 to 11 hours 16 to 18 hours	Less than 10 hours More than 18 hours
Toddlers 1-2 years	11 to 14 hours	9 to 10 hours 15 to 16 hours	Less than 9 hours More than 16 hours
Preschooler s3-5 years	10 to 13 hours	8 to 9 hours 14 hours	Less than 8 hours More than 14 hours
School-aged Children6-13 years	9 to 11 hours	7 to 8 hours 12 hours	Less than 7 hours More than 12 hours



Sleep Hygiene

Strategies to Help Your Child Sleep Better

- **1.** Avoid screen time one hour before bed and keep screens out of the bedroom Blue light from screens might suppress melatonin levels and delay sleepiness
- 2. Have a consistent bedtime routine (pick an order to do quiet and relaxing activities before bed and stick to it, e.g., reading a book, have a bath or shower. This makes bedtime predictable)
- **3.** Keep regular sleep and wake times as it will help your child understand when it is time for sleep
- 4. No caffeine or sugary drinks in the evening
- **5.** Exercise and time outside daily exercise and time spent in bright daylight promotes good sleep
- 6. Keep older children's naps early during the day and short
- **7.** Avoid the clock if your child is checking the time often, encourage your child to move the clock to a spot where they can't see it from bed
- **8.** A light snack before bed may help it's harder to sleep on an empty stomach. Your child not have a heavy meal within 1-2 hours of going to bed.

Which strategy could you put into practice for your child?

It is always a good idea to praise your child when you notice that they are trying to make changes to sleep patterns or trying a new routine. Difficulties sleeping can really impact on your child's mood and emotional wellbeing during the day so if your child has persistent difficulties sleeping, you should seek help from your General Practitioner.

Helpful Websites: Sleep Health Foundation, Raising Children Network

Adapted from 'Sleep tips for children' via https://www.sleephealthfoundation.org.au/sleep-tips-for-children.html and 'How to sleep better: 10 tips for children' via https://raisingchildren.net.au/toddlers/sleep/better-sleep-settling/sleep-better-tips





Hello from Getting on Track in Time (Got It!)

Who are we again?

Got It! is a social and emotional wellbeing program that works with schools and families to help children manage their emotions and behaviours when at school and at home. The Got It! team is part of the South West Sydney Local Health District Mental Health service and the program is delivered in partnership with the NSW Department of Education.

What has happened so far at Bankstown South Infant School?

Following the screening of K-2 children during term one that many of you participated in, the *Got It!* team has valued the opportunity to talk with parents about their hopes and concerns. For some families these conversations have led to an invitation to participate in our term two program. For others it has resulted in information being provided about resources that may be of assistance or, being linked in with the school for follow up.

What is happening this term?

Our small group program, *Exploring Together*, is now running each Wednesday during term two. The children's group is being facilitated by team members Erin and Dani at the school, whilst the parent group is being facilitated by Jodie and Anne.

The Got It! team are passionate about sharing information and resources to support families to raise independent and resilient children. So in newsletters that will pop up in later weeks, we would like to share some key information, activities and resources from our program.

Whilst we were only able to invite a small number of families to participate in *Exploring Together*, all families are welcome to contact the *Got It!* Team with questions they may have about the program, content of the newsletters or for parenting support.













Screen Time

Got It! Newsletter 2/10

Screen Time

How much is too much screen time? There is no magic figure. It can depend on a range of factors such as your child's age and maturity, the kind of content they are using, their learning needs and your family routine.

Consider your child's screen use in the context of their overall health and wellbeing. For example, is online time getting in the way of their sleep and exercise? Is it impacting on their face-to-face connections with family and friends? The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.

Tips for screen use

- Be involved
- Collaboratively set boundaries with your child for screen use
- Be clear about the consequences of not switching off
- Set device free zones and times at home
- Use technology tools to manage their access
- Lead by example



Resources



The safety commission (Federal Government) provides advice for parents and carers to help children have safe experiences online.

https://www.esafety.gov.au/parents/big issues



https://raisingchildren.net.au/schoolage/play-media-technology



Reference: Adapted from the Raising Children Network and eSafety Commission



Emotions

Got It! Newsletter 3/10

Emotional Development

Understanding how other people are feeling is an extremely important skill in life we need as both adults and children. Teaching children to name feelings in themselves and other's is an important part of parenting and can help children in managing their emotions, developing empathy and communicate better with others. To understand how people are feeling we need to be able to recognise and label emotions. Emotions often appear on people's faces in common ways. We can use clues on people's faces and in their body language to do so.



Emotional expression includes several components:

- physical responses (like heart rate, breathing and hormone levels)
- behavioural displays of emotion
- ▶ feelings that children and young people recognise and learn to name
- ► thoughts and judgments associated with feelings
- ▶ action signals (for example, a desire to approach, escape or fight).
- ▶ It can be difficult to identify or effectively communicate our emotions if there is a mismatch between our posture, facial expression, tone of voice

Due to a child's underdeveloped brain, a child will communicate mainly through behaviour and non-verbal communication (facial expression, body language, and tone of voice). It is important that we tune in to the child's cues and perceive behaviour as a form of communication or emotional expression.

Reference: Adapted from https://beyou.edu.au/fact-sheets/social-and-emotional-learning/emotional-development





Emotions

Here are some common facial expressions:

You can use the next photos as a guessing game with your child by asking what the child may be feeling and discuss how they came to that (e.g., sad = mouth turned down, tears etc).









Helpful Resources:

Books for children:

- *The Feelings Series* by Trace Moroney
- The Huge Bag of Worries by Virginia Ironside
- Listening to my Body by Gabi Garcia
- Tough Guys Have Feelings Too by Keith Negley
- The Day My Brain Went Crazy by Michelle Karavas

Books for adults:

- Raising an Emotionally Intelligent Child By John Gottman
- The Whole Brain Child by Dan Siegel and Tina Payne Bryson



A BETTER START INITIATIVE



CARING FOR A CHILD WITH DISABILTY?



Would you like information about the supports available to your child?

Carers NSW is inviting you to a free 'Meet and Greet' workshop for parents and guardians of children with disability or developmental delay aged up to 12 years old.

These workshops provide the opportunity for you to access information about supports for you and your child from a range of local speakers, including:

- -ECEI partners (0-6 age group NDIS)
- -Local Area Coordinators (7+ age group NDIS)
- -Disability Advocacy agency
- -NSW Department of Education

You will also have the opportunity to have any NDIS questions answered and to meet other families and share experiences.

EVENT INFORMATION (2021):

WHERE

Gymea - 15 April Liverpool - 27 April Ryde - 6 May South Coast - 11 May (Online) Campbelltown - 25 May Grafton - 8 June

RSVP

Registration is essential. To register <u>dick here.</u> Venue details will be provided on confirmation of registration.

A light lunch will be provided.

ENQUIRIES:

P: 02 9280 4744

E: education@carersnsw.org.au

SUPPORTS ALL CARERS - AN AUSTRALIA THAT VALUES AND SUPPORTS ALL CARERS - AN AUSTRALIA THAT



Wonder Recycling Rewards is a fun and easy program we've created to collect and recycle bread bags and bread tags at school. Once collected, Wonder is going to turn the plastic into wonderful things like school play equipment!

As a registered school, your recycling efforts will earn you rewards points to redeem **new sports equipment from RHSports**.



you are now in the draw to **WIN one of five exercise circuits** made from the recycled plastic we collect!

This Starter Pack contains all the information you will need to get the program up and running in your school.



YOUR WONDER RECYCLING REWARDS KIT IS ON ITS WAY TO YOU!

Your personalised Wond_er Recycling Rewards kit will arrive at your school by 12th May. The kit comb s the following items:

- · Five Collection Boxes
- Five Recyclable Collection Box Liners
- One Bread Tag Collection Box plus one box for sending the Bread Tag Collection Box
- Six Australia Post'reply paid labels (Sending the Collection Boxes back to us is FREE)







Looking for quality care before and after school?

SMOOSH is a safe, vibrant, multicultural OSHC program running across four Sydney schools.

Our friendly team is passionate about the education, health and wellbeing of every child.

Call 0431452 311

Or email smoosh_bs is@secc.sy d ne y for more info now.





Head online to bit.ly/smooshpage for more info.



Our prices and hours

Before-school: \$18 After school: \$23 (+\$2 for casual days)

NB: These prices are before the government rebate.

Hours: 7-9am + 2.45-6pm

We serve your child breakfast and afternoon tea, and run a homework club as part of the program. Wealso offer a bus-run service to Padstow North Public School and Bankstown Public School.





Visit bit.ly/smooshpage or call/text 0431 452 311

Term 2 2021 Calendar

Week	Monday	Tuesday	Wednesday	Thursday	Friday
11001	April 19	April 20	April 21	April 22	April 23
1	Staff Development day	First day back atschool	Playgroup El School photos	Attendance Party P& C meeting	Sports pro
2	April 26 Assembly K-2	April 27 School Cross country	April 28 Playgroup	April 29 School Iftar	April 30 Sports Pro
3	May 3	May 4	May 5 Preschool Community Painting Playgroup Mother's Day stall Preschool	May 6 Parent Teacher Interviews	May 7 Mother's day stall Sports Pro P/school Community Painting Y2 Transition Parent Meeting
4	May 10 K-2 Assembly 1N	May 11	May 12 Playgroup	May 13	May 14 Sports Pro Police Visit Preschool Koala& El
5	May 17 Frog Pond Gardening Day K-2	May 18 Police Visit - Preschool Echidna/EI, K-2	May 19 Playgroup National Simultaneous Story Time	May 20	May 21 Sports Pro K-2
6	May 24 Attendance Letter Half term Assembly K-2 KJ	May 25 District Cross Country Kindy excursion to Golden Ridge Farm	May 26 Playgroup	May 27 Y1&2 Excursion to Vaucluse House	May 2 Sports Pro K-2
7	May 31	June 1	June 2 Playgroup	June 3	June 4 Sports Pro K-2
8	June 7 Assembly K-2 1M	June 8	June 9 Regional cross country Playgroup	June 10	June 11 Sports Pro
9	June 14 Queen;s Birthday-Public Holiday	June 15	June 16 Playgroup	June 17 PJ day El green group, P/school Koala & K-2	June 18 Sports Pro K-2
10	June 21 PJ day El blue group & P/school Echidna K-2 Assembly 1/2X	June 22	June 23 Playgroup	June 24	June 25 Sports Pro K-2

Phone: 9790 6176