



Education

Bankstown South Infants School



Creating Our Future

Newsletter Term 2 Week 6, 2021



What's on @ BSIS

Term 2 Week 6

- **Monday May 24th**
 - Attendance letter Half Term
 - K-2 Assembly KJ
- **Tuesday May 25th**
 - District Cross Country
 - Kindy Excursion Golden Ridge Farm
- **Wednesday May 26th**
 - Playgroup
- **Thursday May 27th**
 - Y1 & Y2 Excursion to Vacluse House
- **Friday May 28th**
 - Sports Pro

Term 2 Week 7

- **Wednesday June 2nd**
 - Playgroup
- **June 4th**
 - Sports Pro

Term 2 Week 8

- **Monday June 7th**
 - K-2 Assembly 1M
- **Wednesday June 9th**
 - Playgroup
- **Friday June 11th**
 - Sports Pro



Find us on **facebook**



Principal's Report

Attendance

Thank you to all our students, parents and families who have been supporting our positive attendance program. We are still just short of our target so please ensure that children are at school and on time everyday unless they are unwell. If your child is absent please reply to the text message sent from the school or ring the office. All students should bring a doctor's certificate or written note when they return to school.

EVERY DAY COUNTS - going to school every day is the single most important part of your child's education. Students learn new things at school every day – missing school can create gaps in learning and impact learning progress.

EVERY DAT AT PRESCHOOL COUNTS - Attendance matters for your child doing well in school and in life, and it all starts in Preschool and Kindergarten. Studies show many children who miss too many days in Preschool and Kindergarten can struggle academically in later years.

Please don't forget to look at our weekly attendance display in the weather shed. This updates you on our class and school targets and is updated every week. This week you would have received your personalised midterm attendance letter. If your child is below 90% we will be contacting you for an appointment next week. Congratulations to our students with excellent attendance, we look forward to celebrating at the end of the term with them. There is still time to reach our targets this term, remember every day and minute counts!



Awards

Just a reminder that students need to track their own star awards and hand them to their class teacher when they have received 20. We are excited to already see students working through the positive reward system and look forward to another celebration at the end of the term for students who continually show positive behaviour at school.

20 Star awards = 1 Bronze award

20 Star awards + 1 Bronze award = Silver Award

20 Star awards + 1 Silver award = Gold award (presented at presentation day)

Assembly

Our K-2 assembly is held on a Monday afternoon in even weeks. The gate for parents to enter opens at 1:45pm and closes at 1:55pm. Unfortunately, parents are unable to enter the gate and assembly after 1:55pm so please ensure you allow extra time to travel and park.

Metropolitan Infants School Network Meeting

Last Friday we hosted the Metropolitan Infants Schools Network Meeting. We had 7 Principals from other Infants Schools, 5 Educational Leadership Directors and the Executive Director School Performance attend to share expertise across the infant's school setting.

I would like to congratulate and thank Abhinav and Jazlyn our 2021 School Leaders who opened the day with a welcome speech and introduced all our special guests. I would also like to congratulate and thank Aamirah, Noah and Zeinab from our Preschool who delivered an outstanding acknowledgement of country. It is a wonderful achievement to stand up and speak in front of so many people and I am so proud of them all. We also had a wonderful group of students meet and guide our special visitors to the library on the morning. Thank you to Alannah, Elizabeth, Isaac, Ethan, Faith, Anas, Zeinab and Hashir. You were all wonderful representatives for our school.

All our special guests were so impressed with the wonderful manners, uniform and confidence our students displayed. This was another wonderful example of the leadership opportunities our students receive at BSIS, I could not be prouder of our students.

Kim Collas
Principal



Weekly Class Attendance Averages

Congratulations to our weekly winning classes!

Week 3 – KB

Week 4 – KB

Week 5 – 2D

Late to school and early departures count towards attendance! Please ensure you arrive to school on time every day and stay the full day!

Week 4 Class Attendance

	Class	Whole day average	Late / Early
1	KB	82.35%	1
2	1/2X	80%	1
3	2D	78.1%	0
4	1N	78.1%	3
5	KJ	71.25%	2
6	1M	71%	0
7	KC	70%	0

Week 3 Class Attendance

	Class	Whole day average	Late / Early
1	KB	100%	3
2	2D	98.1%	5
3	1M	98%	8
4	KJ	96.25%	3
5	1/2X	95%	1
6	KC	92.5%	3
7	1N	90.48%	5

Week 5 Class Attendance

	Class	Whole day average	Late / Early
1	2D	99.05%	0
2	1/2X	99%	2
3	1N	98.1%	2
4	1M	98%	1
5	KC	97.5%	1
6	KJ	97.5%	2
7	KB	91.76 %	1

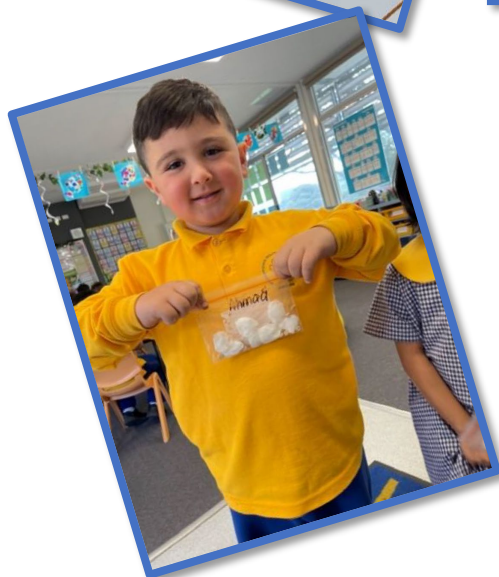
Walk Safely to School Day

Today we celebrated "Walk Safely to School Day". We talked about how important it is to move our bodies and be active every day. We understand how important it is to hold hands with an adult when crossing the road and to listen to the school crossing supervisor. We had police officers from Bankstown Police come and talk to our preschool and early intervention children about road safety. They practised crossing the road with them. Well done Bankstown South Infants School for being safe pedestrians!



KC

We had such a fun and exciting term!
In science, we have been learning about 'living things' and what they need to survive. We even had the opportunity to plant our very own pea seeds! We had such a fun time learning about the life cycle of a plant and can't wait to plant our very own seedlings in the soil when they begin to grow.





Last week, KC had the opportunity to help build our school's very own frog pond. We planted many plants and got to fill the pond with water. We are ready for the frogs to come and 'ribbet' their way over to their new home!



KC learnt about a special kind of Indigenous art technique - the art of dot painting. We looked at the significance of this technique in the Indigenous culture and had the opportunity to create our very own dot painted boomerangs.



We always try our best and love learning in KC!



Preschool

Echidna Group Police Visit

Preschool were lucky to have the police visit them today.

They spoke to the children about safe people such as police, fire fighters, doctors, nurses, teachers etc. They spoke about strangers and that there are good strangers and bad strangers and what to do if a bad stranger approached them.

They spoke about car seats and boosters and the importance of having the right seat belt and having your arms in the straps properly.

They spoke about the number to call in an emergency and showed them on a phone.

They talked about how to use our crossing safely and other safe places to cross the road.

The police were impressed with how much our children already knew about being safe. The children had a fantastic time.



Preschool

Koala Group Police Visit

Preschool was lucky to have the police visit them for 'Walk Safely to School Day'. The police spoke to the children about safe people, stranger danger, seat belts and road safety. They spoke about the number to call in an emergency and showed them on a phone.

After our talk we went out and practised using the zebra crossing while holding their hand. The children then went and saw the police car and gave hi-fives to the police before they left. The children had a fantastic time.



Frog Pond Gardening Day

Last Monday many of the students at our school participated in a gardening day in our preschool. The students had a great time moving mulch, digging holes, planting and watering. Thanks to the help by Peter Dawe from the Royal Botanic Garden we have now almost completed our frog pond garden retreat.

The frog pond area also includes a mural that the staff and students spent many hours painting.

Our school would also like to acknowledge the generous support of \$3500 from the NSW Government through their Eco Schools Grants Program, without this support we would not have been able to create this beautiful garden space that is a suitable habitat for frogs. All the children are eagerly waiting to see if frogs come to make their home in the habitat that we have created for them.





National Simultaneous Storytime

On Wednesday the whole school participated in the annual National Simultaneous Storytime. This fun event aims to promote the value of reading and literacy, using an Australian children's book. This year's book was *Give Me Some Space* by Philip Bunting. The classes, preschool and playgroup students enjoyed the story via video, read by an astronaut in space.



District Cross Country

On Tuesday the 26th of May Medina and Mustafa represented our school at the East Hills PSSA District Cross Country held at Padstow North Public School. Both students did us very proud and placed very well within their age groups. Well done Medina and Mustafa!



Kindergarten Excursion

On Tuesday the 26th of May our Kindergarten students excitedly went on their first excursion. They travelled by bus to Golden Ridge Farm at Dural.



Yesterday we went to the farm. We got some milk from the cow. We pat the sheep. It was soft and cuddly. We hugged the goat and the horse. We also patted the donkey. We had fun at the farm.
-Viola

On Tuesday 25th of May I went to the farm. I patted the cows and the rabbits. I fed the sheep.
- Khadija

On Tuesday 25th of May I went to the farm. I patted the baby rabbits and chicks. I also patted the cow. I saw lots of goats and sheep.
- Lia



Please see our Facebook page for lots more photos.



10 May 2021

Principal
Bankstown South Infants School
14 Stacey Street
BANKSTOWN NSW 2200

Local Safety Forum

Dear Sir/Madam

Canterbury Bankstown Council and local Police will host two Local Safety Forums in June this year. Forums provide an opportunity for residents to receive up-to-date information on crime statistics and current community safety and crime prevention initiatives.

The Forums also provide an opportunity for residents to discuss safety issues within the community and make suggestions for improvement. Feedback from the forums will be used to assist Council and Police to develop programs that continue keeping our community safe.

The next Local Safety Forum will be held for residents, businesses and people who frequent the Bankstown, Bass Hill and Revesby Wards of the City, where your school is located. The Local Safety Forum will be held on:

Date: Tuesday 1 June, 2021
Time: 6:00pm - 8.00pm
Location: Bankstown Library and Knowledge Centre
80 Rickard Rd, Bankstown NSW 2200
RSVP: Registrations close Wednesday, 26 May, 2021

To register your attendance, visit cb.city/localsafetyforums or call 9789 9594.

It would be appreciated if you could help promote the Local Safety Forum to your P&C Committee, students and staff to empower them to express safety related concerns they have in their community.

Enclosed are flyers for you to distribute. If you would like an electronic copy to include in your school newsletter, or to make additional copies you can download it at cb.city/localsafetyforums.

For more information about Council's Local Safety Forums, please contact Council's Community Safety and Crime Prevention team on 9707 9212 or via email at communitysafety@cbc.city.nsw.gov.au.

Yours sincerely



Tony Smith
Coordinator Community Planning and Development



LDCRL SAFETY SESSIONS

Come meet Council's Safety and Crime Prevention Officers, and local Police at our upcoming Safety Forums. Learn about safety tips and initiatives, and get an update on the latest local crime and safety trends. There will also be opportunities to discuss safety concerns, and give direct feedback to help us better develop programs you want.



Local Safety Forums

Bankstown: For Bass Hill, Revesby and Bankstown Ward residents.
Tuesday 1 June
(Bankstown Police)
Bankstown Library and Knowledge Centre
Time: 6-8pm

Book by Thursday 27 May

Campsie: For Roselands and Canterbury Ward residents.
Thursday 24 June
(Campsie and Burwood Police)
Campsie Library and Knowledge Centre
Time: 6-8pm

Book by Monday 21 June

Bookings are essential

For more information and to book, call **9789 9594** or visit cb.city/localsafetyforums

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LDCRL SAFETY SESSIONS

Come meet Council's Safety and Crime Prevention Officers, and local Police at our Safety Outreach events. This is your opportunity to learn about local safety and crime prevention initiatives, and discover helpful tips and resources.

Community Safety Outreach

Bankstown: Wednesday 5 May
(Bankstown Police)
Bankstown Central
Time: 10am -1pm

Bass Hill: Wednesday 26 May
(Bankstown Police) Bass Hill Plaza
Time: 10am-1pm

Campsie: Thursday 17 June
(Campsie Police)
Anzac Mall, Beamish Street Campsie
Time: 10am-1pm

Earlwood: Tuesday 18 May
(Burwood Police)
Outside Coles Earlwood
Time: 11am-2pm



Revesby: Wednesday 12 May
(Bankstown Police)
Revesby Shopping Village
Time: 10am-1pm

Roselands: Wednesday 9 June
(Campsie Police)
Roselands shopping centre
Time: 10am-1pm

For more information, visit
ch.city/localsafetysessions
or call **9789 9594**.

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Managing Strong Emotions

Got It! Newsletter 6/10

Managing strong emotions is an important part of STOP (discussed in the last newsletter). Children need to learn to manage their strong feelings in order to stop and think about the situation and to make appropriate choices about how to act.

Think of strong emotions (e.g., anger, anxiety, and sadness) as a balloon blowing up. Ask your child to imagine that the balloon is like a person (using a balloon to demonstrate is helpful for children). As the balloon gets bigger and bigger, so do the person’s feelings get stronger and stronger, until finally, the balloon bursts or the feelings become out of control. Ask your child at what point they could intervene to stop the balloon from bursting. If your child needs help, you could suggest “stop blowing into the balloon” or “open the valve of the balloon”. Then brainstorm strategies for stopping their emotions from blowing up like a balloon and come up with helpful ideas.

We have listed some suggestions and space for you and your child to come up with your own personal examples:

- ▶ Counting to ten
- ▶ Breathing deeply
- ▶ Telling yourself to stay calm and keep cool
- ▶ Going out of the room or walking away to calm down
- ▶ Clenching and unclenching muscles
- ▶ _____
- ▶ _____
- ▶ _____
- ▶ _____



It is recommended that you practice and do these strategies with your child to help you to regulate your own emotions in stressful situations.

Once the strong emotion has subsided, talk to your child to acknowledge how they were feeling and understand their experience. You can support your child to brainstorm solutions to their problem.



Managing Strong Emotions

Be a role model

Children learn about emotions and how to express them appropriately by watching others – especially parents and other family members. Showing kids the ways you understand and manage emotions helps them learn from your example. Remember, parents are human beings and don't always get it right. If you lose or let your emotions get in the way, apologise and show how you might make amends.



Resources:

Smiling Mind App – for free age related mindfulness meditations

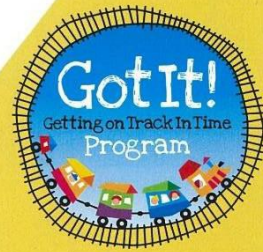
References:

**Exploring Together –
Preschool/Early Primary School
Program, 2015**

**Healthy Families website –
Managing Emotions:**

<https://healthyfamilies.beyondblue.org.au/age-6-12/raising-resilient-children/managing-emotions#:~:text=%20Understanding%20your%20child%E2%80%99s%20feelings%20%201%20Tune,as%20an%20opportunity%20for%20connecting%20and...%20More%20>

GOT IT! PARENT SEMINARS



EMOTIONALLY INTELLIGENT PARENTING

DATE: FRIDAY 11 JUNE 2021

TIME: 9:30 AM - 11:30AM

VENUE: BANKSTOWN SOUTH INFANTS
SCHOOL

To register please email

SWSLHD-GotIt@health.nsw.gov.au or call **4621 5071**

Emotional intelligence is central to communicating and connecting with those around us, and is therefore key to social and emotional wellbeing. It is related to a child's ability to develop friendships, resolve conflict, focus and concentrate (and thus learn) and achieve their goals. Parents and caregivers have an important influence on their child's emotional intelligence through modelling how to express and manage emotions, discussing and coaching about emotions and the way they react to their child's emotions. Emotion coaching is a way of responding to children's emotions that helps them learn about their feelings, how to regulate them and make helpful behaviour choices. When parents emotion coach, their children learn how emotions work and how to react to feelings in healthy ways. If you would like to learn more about supporting your child's emotional intelligence and the technique of emotion coaching, please register for the Got It! parent seminar – see flyer for details.

Art Smart Online

FANTASTIC ONLINE ART CLASSES

Brilliant artists and instructors take the classes in real-time on Zoom.

- Easy to organise - we make it simple for you.
- The kids will produce amazing art!
- The classes are so much fun we had to start a parents' class – Art Play for Adults. Why should kids have all the fun??
- All age groups covered!
- To see the activities planned for the classes click visit our website.
www.artsmartforkids.com.au There are some amazing art ideas planned!

FIRST CLASS FREE!

Just \$12.50 a class (exc GST)

The full price varies depending on the number of classes in the term.

**LIMITED PLACESBOOK
NOW!**

To book go to

www.artsmartforkids.com.au (don't forget the 'au' at the end)



Term 2 2021 Calendar

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	April 19 Staff Development Day	April 20 First day Back at school	April 21 Playgroup EI School Photos	April 22 Attendance Party P& C meeting	April 23 Sports Pro
2	April 26 Assembly K-2 KC	April 27 School Cross Country	April 28 Playgroup	April 29 School Iftar	April 30 Sports Pro
3	May 3	May 4	May 5 P/school Community Painting Playgroup Mother's Day stall P/school	May 6 Parent Teacher Interviews	May 7 Mother's Day stall Sports Pro P/school Community Painting Y2 Transition Parent Meeting
4	May 10 K-2 Assembly 1N	May 11	May 12 Playgroup	May 13	May 14 Sports pro Police visit P/school Koala & EI
5	May 17 Frog Pond gardening day K-2	May 18 Police visit-P/school Echidna /EI /K-2	May 19 Playgroup National Simultaneous Story Time	May 20	May 21 Sports Pro K-2
6	May 24 Attendance letter half term Assembly K-2 KJ	May 25 District Cross Country Kindy excursion Golden Ridge Farm	May 26 Playgroup	May 27 Y1&Y2 Excursion to Vaucluse House	May 28 Sports Pro
7	May 31	June 1	June 2 Playgroup	June 3	June 4 Sports Pro
8	June 7 K-2 Assembly 1M	June 8	June 9 Playgroup	June 10	June 11 Sports Pro
9	June 14 Queens Birthday Public Holiday	June 15	June 16 Playgroup	June 17	June 18 Sports pro PJ day EI Green group, P/school Koala ,K-2
10	June 21 PJ day EI Blue group & p/school Echidna K-2 Assembly 1/2X	June 22	June 23 Playgroup	June 24	June 25 Sports Pro Last Day of Term